



CLAYTOR LAKE

AQUATICS BASE



Background

The Claytor Lake Aquatics Base is located just 5 miles from the Blue Ridge Mountains Scout Reservation on a beautiful 4,500 acre highlands reservoir. Claytor Lake is an impoundment of the New River and is the largest body of water in Southwest Virginia. The Claytor Lake Program is designed to challenge and meet the needs of older Scouts, particularly those interested in earning aquatic merit badges. Claytor Lake participants must be 13 by camp. Participants 14 or older may sign up for SCUBA, Wake Boarding, or Personal Watercraft. No matter the program, those registering to attend should prepare themselves for an exciting week of fun in the sun.

Claytor Lake Program Goals

1. Demonstrate a marked improvement in the areas of water skiing, sailing, slide seat rowing, motorboating, and snorkeling.
2. Gain an appreciation for aquatic-related recreational activities.
3. Learn and practice proper water safety techniques.
5. Have fun and enjoy the water and the sun.

Remember to Bring

- BSA National Medical Form
- Tour Permit
- Proof of Troop Insurance
- Special SCUBA Forms

Registration

Participants in the Claytor Lake Adventure Base Programs must go through registration and complete the BSA Swimmer's test at Claytor Lake. A special shuttle for participants arriving at Powhatan and Ottari will be provided by Claytor Staff to move your Scouts in a timely manner. **Hone your swimming skills before arriving; we recommend that participants earn the Swimming Merit Badge before camp & swim with their crews to build strength & be prepared for the physical rigors of the week.**

Claytor Lake Tentative Schedule

Sunday

Check-in will begin at 1:00 p.m. and last until 5:30 p.m. After arriving at Claytor Lake, all participants will check in and get either a tent or cabin and crew assignment for the week. Participants must take the BSA swim test today, so be ready with your swim suit. Dinner and flags will begin at 6:00 p.m. sharp. Class A uniforms are required for Sunday evening's dinner. The Class A will not be worn again until Friday evening at the campfire. After Sunday dinner each crew will meet with their staff crew advisor to discuss rules and procedures.

Mon - Thurs

Flags will be held at 7:00 a.m. and followed by breakfast at 7:15 a.m. Classes begin promptly at 8:00 a.m. and crews rotate until 12:15 p.m. for lunch. After lunch the Crews will continue their daily class schedule. Dinner will be served daily at 6:30 p.m. After dinner each night, crews will be scheduled to participate in group activities that range from riding the rocket to playing a competitive game of volleyball.

Friday

On Friday all classes run on a compressed schedule. The Friday night highlight is the campfire and OA tapout where everyone is welcome to share in a few songs and skits, rehash the funny events of the week, and to just enjoy the camaraderie of old and new friends.

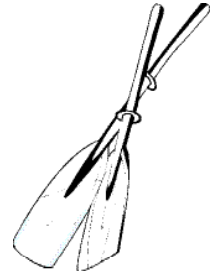
Saturday

Breakfast on Saturday is at 7:15 a.m. and those Scouts needing to rejoin their troops at one of the Base Camps will be transported by Claytor Staff.



CLAYTOR LAKE

ADVANCEMENT/EQUIPMENT LIST



Advancements and Opportunity

Your week at Claytor Lake will be jam-packed with aquatic fun. Campers will sign up online for various program and merit badge opportunities:

- Motorboating Merit Badge • Small Boat Sailing Merit Badge • Water Sports Merit Badge
- Rowing Merit Badge (conducted in our olympic-style slide rowing shells)
- Large Boat Sailing • Swimming Merit Badge • Life Saving Merit Badge • Canoeing • Fishing
- Personal Watercraft, Swimming and Water Rescue, Paddle Craft Safety

In addition, your group will have time for:

- BSA Mile Swim Award • Volleyball • “The Rocket” • Tubing, Snorkeling BSA, Kayaking

EQUIPMENT LIST

(Put your name and unit number on all items: please remember you may be housed in either a tent or cabin)

Clothing

- (2) Pair Swim Trunks one piece swimsuit for females
- (1) Pair Shorts
- (1) Pair of Long Pants
- Several Scout T-shirts
- Several Pair of Underwear
- (1) Rain Jacket and Rain Pants
- Pairs of White Socks
- (1) Wide Brimmed Hat
- (1) Pair of Water Shoes/sandals with heel strap
- (1) Pair of Tennis Shoes
- (1) Warm Jacket or Sweat Shirt
- (1) Class A Uniform

SCUBA

- Bring Scuba Certification card & log book for advanced courses.
- Dive Booties—optional
- Wet Suit—optional

Overnight Sailing

- Compact Sleeping Bag Compact Sleeping Pad 1 Water Bottle

Personal Items

- (1) Waterproof Watch
- (1) Alarm Clock
- (1) Toothbrush & Tooth Paste
- (1) Soap
- (1) Shampoo
- (1) Flashlight
- (1) Sleeping Bag with sheet inside
- (1) Pillow
- (1) Bag for Dirty Clothes
- (3) Towels
- Paper & Pencil
- (1) Bottle Non-spray Waterproof Sunscreen (spf 30+)
- Spending Money

Wake Boarding

- We provide all gear but participants are welcome to bring their personal PFP, board, and gloves

Eating Utensils

- (1) Water Bottle

Optional Gear

- Fishing Equipment
- (1) Fishing License \$7–\$17 depending on type of license (if 16 or older) Can order online at camp
- (1) Pair of Sun Glasses w/strap
- (1) Chapstick or Lip Balm
- (1) Disposable Camera (waterproof)
- (1) Personal Snorkeling Gear
- (1) Trail Pad to make cots more comfortable
- (1) Wet Suit (for cool weather)

DO NOT BRING

- Expensive electric devices such as laptops or ipads/ipods
- Knives
- Pets
- Patrol Gear (chuck boxes, etc.)



CLAYTOR LAKE

SCUBA & WAKEBOARDING



SCUBA Participants

All participants must be age 14 by camp.

Participants are reminded that this is an intense program and there will be little time for other activities.

Sunday Registration & Check-in.

Mon & Tues Safety standards and procedures will be established and instruction will begin. Lessons and activities will include classroom instruction, videos, quizzes, proper set-up and usage procedures for equipment, and pool instruction.

Wed & Thurs Participants finish up classroom materials and retake quizzes if necessary. Open water instruction begins with proper water entry procedures, adjustment of equipment, and learning to be comfortable in the water.

Friday Deep water entry and skill-level appropriate activities will be conducted. Those who pass all requirements will graduate and receive their Open Dive Certification.

Open Water Scuba Diver

This is the entry level for SCUBA diving. With this certification, it is possible to dive anywhere in the world. Unlike many certifications, the Open Water Certification never expires.

The course consists of three parts: Classroom, Confined Water, and Open Water. Each component must be completed to achieve the course certification.

Advanced Open Water Diver

The Advanced Open Water Diver is a total of five dives. All Advanced Open Water Divers are required to complete the Deep Dive and Underwater Navigation Dives in addition to the three specialty area dives. An additional fee of \$25 is required to cover specialty equipment and certification card.

IMPORTANT! With the additional classes being offered, we must know exactly how many students we will have each week. In order to hire adequate, qualified staff. Therefore each SCUBA student (youth and adult) must pay a \$100 deposit by February 1st, and an additional \$100 by April 1st.

MEDICAL DOCUMENTATION All SCUBA participants are required to bring both the camp medical form and PADI medical form. The PADI form will be mailed after the February payments. *We must have both medical forms by April 15 so schedule your annual physicals now!*

Note: Diving in Claytor Lake can be cold. Though we have some wet suits available, participants are most comfortable in their own gear.

Wakeboarding Participants

All participants must be 14 years old by camp and able to pass the BSA swim test.

During the week of camp the boys will be spending all of their time devoted to the art of wakeboarding. The idea of the program is to take novice wakeboarders and work on developing basic skills such as crossing the wake, riding switch, learning basic grabs and of course getting sick air. Over five days the Scouts will be guided through a variety of classroom and on the water sessions teaching them everything from VA boaters safety to basic wakeboarding tricks. The program is designed to give each participant as much time on the water as possible.

Participants in this program will also have the opportunity to earn the water sports merit badge, VA boaters safety cord, and motorboating merit badge.

Those interested in wakeboarding should sign up early, as numbers are limited to 12 participants per week.



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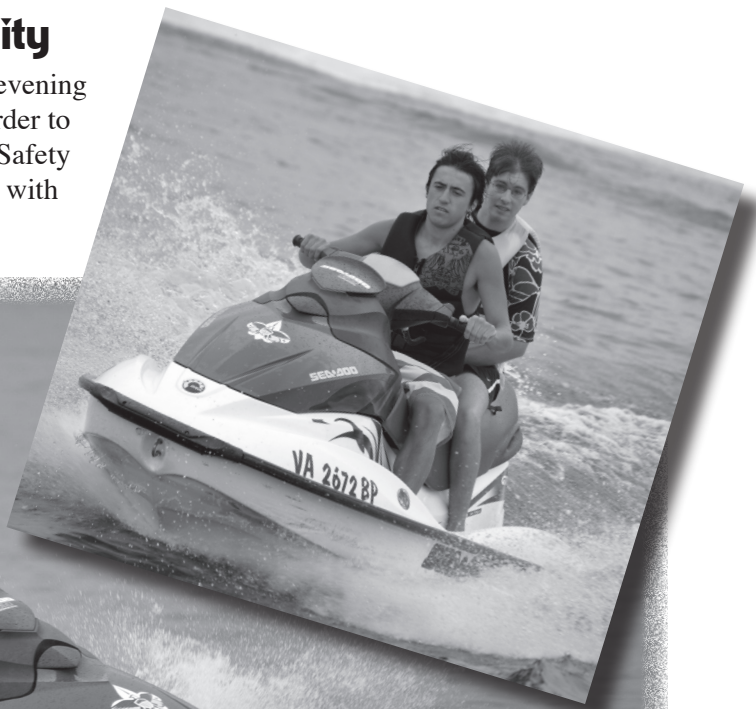
PERSONAL WATERCRAFT

Personal Watercraft Safety Course

Claytor Lake Adventure Base is the First Boy Scout summer camp to offer a program focused on the use of Personal Watercraft, commonly known as jet skis. Scouts **age 14 or older** can sign-up for the PWC course for an additional fee of \$60 using the merit badge registration system. During the week participants will learn about Boating Safety and the safe and courteous operation of a PWC as they complete the Virginia Boaters Safety Course. The Virginia Boaters Safety Course is mandatory for anyone (including adults) wishing to use a PWC at the Claytor Lake Adventure Base! The Boating Safety Class holds its first session at 8 p.m. on Sunday evening following dinner. All leaders and participants are encouraged to participate in this important class.

Evening Program Opportunity

Personal Watercraft are available as part of the evening program during the week for a rate of \$20. In order to ride, the participant must have a valid Boater's Safety Completion Card and complete a "Check Ride" with one of our instructors.





CLAYTOR LAKE & SCUBA

CAMP ROSTER LIST



Unit Number: _____ **Week Attending:** _____

	Name of Scout/Adult	Date of Birth	Address	Phone	Check One		
					Claytor	Scuba	Wakeboard
1							
2							
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