



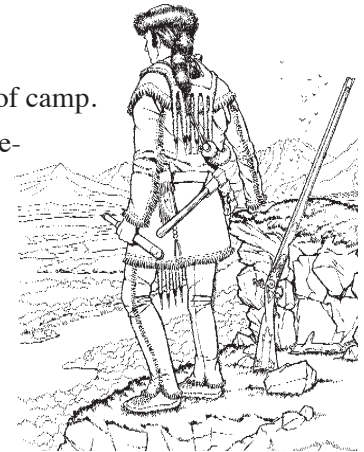
MOUNTAIN MAN OUTPOST

BACKGROUND

In the 18th century, the mountains that are now our camp were trapped and hunted by longhunters who spent months at a time in the wilderness. In July of 1755, the Shawnee attacked nearby Draper's Meadows, killing or capturing most of the settlers. The famous Wilderness Road serves as the main street of Newbern, which is across the New River from our camp. In the 19th century, as the New River Valley filled up with farms, our mountains held families of lean, tough, Scots-Irish and Germans who cut timber, cleared hardscrabble farms and fed their families with the game that they hunted. A muzzle loading rifle was the trusted tool for hunting and defense. Step back in time and enter the world of the mountain men.

Program Goals

1. To provide a living history experience for those Scouts 13 or older by the time of camp.
2. Gain an appreciation of the life of the 19th century settler by practicing their life-skills.
3. Learn to cook all your meals, as a patrol, over an open fire and to build that fire without matches.
4. Complete the National Muzzle Loading Rifle Association Safety Course and spend hours plinking with a .50 caliber muzzle loading rifle.
5. Build a Russell Green River sheath knife and sheath. Russell started making knives in the 1840's.
6. Make a simple tool on the forge.
7. Learn about survival, traps, snares, edible plants, tracking, cord making, and hide tanning.



Hurrah for the mountains! Have a fun week!

1 Prepare for Your Week

1. Groups sending 4 or more boys to Mountain Man must send at least one adult to aid in supervision.
2. Pack your personal gear so that you can carry it two miles into the outpost. Bring gear and clothing of an early style.
3. We'll provide you with a hunting shirt. Mail the enclosed order form with your size to us, NOW!
These shirts are handmade and we need time to make them.
4. Get some experience in cooking and cleaning up over an open fire.
5. Read some books about the area or the period before coming to camp.

2 Registration

Arrive Sunday at either Camp Powhatan or Camp Ottari with your troop. Go through the medical recheck with your troop.

The Mountain Man Outpost is based out of Camp Ottari. If your troop is at Powhatan, it would be wonderful if they could take you to Camp Ottari. If not, assemble at the Powhatan OA Shelter by 4:00 p.m. and a camp vehicle will take you to Ottari.

We'll issue you a hunting shirt which will be your uniform for the week. You'll hike as a group out the easy trail to the outpost, where you'll spend the week.

Remember to Bring

- National BSA Medical Form
- Proof of Troop Insurance (out of council)
- Tour Permit (out of council)



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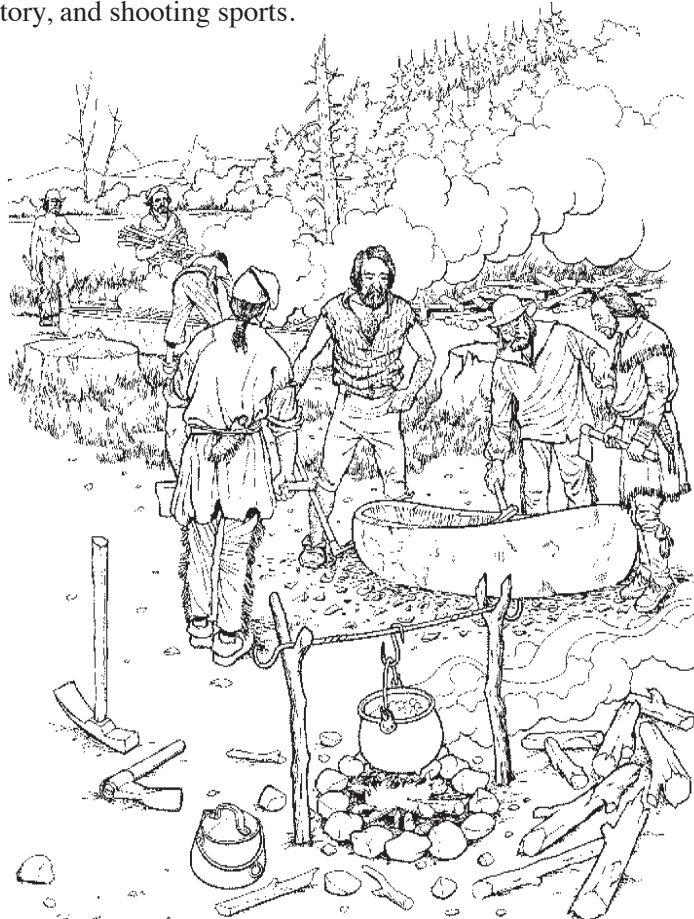
BACKGROUND

3 Your Week at Camp

- Sunday** After registration, we'll hike to the Mountain Man Outpost located in the Little Laurel Valley and issue hunting shirts.
- Mon. – Thurs.** Learn about frontier life. You'll shoot and care for a muzzle loading rifle, throw knives and tomahawks, build fires without matches, and cook your own meals. Depending upon staff talents, you'll have time for activities ranging from basic blacksmithing to wilderness survival. On some days you will also have the opportunity to hike into Camp Ottari and swim, visit the Trading Post, and take a shower.
- Friday** We have our own closing campfire. If you need to go back to Powhatan base camp to participate in the OA tapout, your troop must provide transportation.
- Saturday** Hike into Ottari, eat a continental breakfast. There will be a shuttle back to Camp Powhatan around 9 a.m.

4 Advancement and Opportunity

The purpose of Mountain Man is not to earn merit badges, but to experience an earlier style of living. We will not be running merit badge classes. By participating in our programs, the boy will naturally complete some of the requirements toward cooking, wilderness survival, and leather working merit badges, but it will be up to the troop as to whether or not these skills will count toward a merit badge. Venturers can also qualify for requirements in hunting, outdoor living history, and shooting sports.





MOUNTAIN MAN OUTPOST

MOUNTAIN MAN EQUIPMENT LIST

Gear

- (1) Backpack - You backpack your personal plunder into camp.
- (2) Wool Blankets (or a sleeping bag with a blanket to hide it). It can drop to 40° some nights.
- (1) Waterproof Ground Cloth
- (1) Canteen
- (1) Compass
- (1) A Small Flashlight with extra batteries

Personal Items

- (1) Bandana
- Towels and Wash Cloth
- (1) Pocket Knife
- Pocket Toilet Items (toothbrush, etc.)
- Unscented Soap

Clothing

- (2) Pair earth tone, Long Pants - khakis are great - no camouflage clothes!
- (1) Warm Jacket (wool is best)
- Extra Socks and Underclothing
- (1) Swim Suit (optional)
- (1) Spare Shirt (you'll wear the hunting shirt all week)
- (1) Pair brown or black Hiking Boots (ground is rocky)
- (1) Pair of Spare Shoes
- (1) Wide Leather Belt to carry your camp knife
- (1) Early style, broad brimmed Hat or a scarf for your head
- (1) Pair of Leather Gloves for cooking and working with woods tools



Don't forget to bring money for the Mountain Man Trading Post.

Do NOT Bring:

- Radios
- CD Players
- Firearms
- Sheath Knives
- Fireworks

The Camp Provides:

- Cots
- Wall Tents (plan on sharing)
- Cooking & Eating Gear

Adventures of the Frontiersmen

To get into the spirit of reliving the lifestyle of the Mountain Men, here are some books that you may enjoy reading:

Set on the Eastern Frontier:

- The Rifleman* by John Brick
- The Frontiersmen* or any other book by Allan Eckert
- From Sea to Shining Sea* by James Alexander Thom
- The Last Trail*, Betty Zane
- The Spirit of the Border* by Zane Grey
- Forth to the Wilderness* (& others) by Dale Van Every

Set on the Western Frontier:

- The Big Sky* by A.B. Guthrie, Jr.
- The Long Rifle* by Stewart Edward White
- Give Your Heart to the Hawks* by Winfred Blevins
- The Great Adventure* by Janice Holt Giles
- The Journals of Lewis & Clark* or any other book on their expedition

Craft Projects & Background Info:

The unbeatable source is the *Book of Buckskinning* series, published by Scurlock Publishing (www.muzzleloadermag.com)



MOUNTAIN MAN OUTPOST

HUNTING SHIRT ORDER FORM

**Due
April
1st!**



Shirley Neiderhiser, Camp Registrar
Blue Ridge Mountains Council, BSA
P.O. Box 7606
Roanoke, VA 24019

Scout Scouter *(check one)*

Scout or Scouter's Name: _____

Address: _____

City: _____ State & Zip: _____

Email: _____

Troop Number: # _____ Name of Your BSA Council: _____

Date you are attending the Mountain Man Outpost: _____

The uniform for the week will be a loose fitting, pull-over hunting shirt that we will make for you this spring. Please send us this form **before April 1st.**

Man's Shirt Size: _____ L XL XXL XXXL (circle one)

Scout's Weight: _____ Height: _____

Our registrar uses height and weight to determine proper sizes.



MOUNTAIN MAN OUTPOST

CAMP ROSTER

Units sending 4 or more boys must provide at least one adult leader to aid in supervision.

Unit Number: _____ **Week Attending:** _____

	Name of Scout/Adult	Date of Birth	Address	Phone
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