



Blue Ridge Mountains
Scout Reservation

ADMINISTRATION

MEDICAL FORMS, INSURANCE, AND MEDIC ALERTS

Medical Services

The camp health lodge is staffed 24 hours a day by qualified medical personnel. For insurance purposes and for the health and safety of all participants, all accidents and illnesses, no matter how minor, must be reported to the Health Lodge and recorded. Arrangements have been made with the local rescue squads and hospitals to handle any medical emergencies.

Physical Examinations:

- ❖ *Medical forms must accompany each Scout and leader to camp. Each form must be signed by both parent or guardian, participant and physician. Please attach a copy (front & back) of your family insurance card to the medical form. Those wishing to use National BSA Type II or Type III forms or school athletic forms must attach a copy of the medical supplement form.*
- ❖ **Base Camp participants** (Powhatan, Ottari, Brownsea island) must have had a medical examine within the past 36 months. Please remember that while physician's signature is valid for 36 months, the personal health history and signatures section must be completed annually. **We must have a signature in the parental consent section!** We suggest that you simply attach a new form to your old form.
- ❖ **High Adventure Participants:** A physical examination signed within 12 months is required for all participants in the New River Adventure, Voyageur Trek, Mountain Man, High Knoll Trail, Fish Camp, Claytor Lake, SCUBA, Wakeboarding Programs and Foxfire-NYLT.
- ❖ All adults over 40 must have a signed physical within 12 months regardless of program attending.
- ❖ *National standards require that any person staying overnight must have a valid medical form. Late arrivals should report to the office and then to the health lodge.*

BSA National Standards state: A health history revised within the past 12 months and a physical examination conducted within the past 36 months are required for each youth camper and adult under 40 years old. Adults over 40 and youth participants in any program other than Powhatan or Ottari must show evidence of physical examination within the past 12 months.

Medical Alerts

Summer camp can be an exhausting experience. Many activities are physically strenuous and may result in special medical support consideration. Therefore, it is necessary that medical staff be aware of participants with the following medical conditions:



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| <input type="checkbox"/> Diastolic blood pressure greater than 100 mm Hg | <input type="checkbox"/> Physical disability |
| <input type="checkbox"/> Diabetes mellitus under treatment | <input type="checkbox"/> Cardiac history |
| <input type="checkbox"/> Sickle-cell anemia, hemophilia, leukemia, or severe blood dyscrasia | <input type="checkbox"/> HIV infection |
| <input type="checkbox"/> Epileptic seizures having occurred within the past 12 months | <input type="checkbox"/> Marked obesity |
| <input type="checkbox"/> Acute or severe bronchial asthma under treatment anytime within the past 24 hours | |
| <input type="checkbox"/> Psychiatric illness under current treatment | |

All sensitive information is confidential between the participant and medical director.